

Information Resources on MHSAs Topics

SUBSTANCE ABUSE RESOURCES

Alcohol

Alcohol: Binge Drinking

Alcohol (Medline Plus) – a wide variety of alcohol information resources and fact sheets

<http://www.nlm.nih.gov/medlineplus/alcohol.html>

StopAlcoholAbuse.Gov (Interagency Coordinating Committee on the Prevention of Underage Drinking [ICCPUD])

<http://www.stopalcoholabuse.gov/>

Alcohol (NIAAA)

<http://www.niaaa.nih.gov/Pages/default.aspx>

Alcohol (PDF)

<http://www.drugfree.org/drug-guide/alcohol>

Alcohol Abuse Prevention: Some Serious Problems

<http://www.alcoholfacts.org/>

Higher Education Center for Alcohol, Drug Abuse, and Violence Prevention (U.S. Dept. of Ed.)

<http://www.higheredcenter.org/>

Alcohol publications from SAMHSA Store:

<http://store.samhsa.gov/pages/searchResult/alcohol>

Binge Drinking (CDC Fact Sheet)

<http://www.cdc.gov/alcohol/fact-sheets/binge-drinking.htm>

Binge Drinking on College Campuses (Center for Science in the Public Interest)

<http://www.cspinet.org/booze/collfact1.htm>

Binge Drinking Among Underage Persons (SAMHSA OAS)

<http://www.oas.samhsa.gov/2k2/AlcBinge/AlcBinge.htm>

College Drinking: Changing the Culture (U.S. government Task Force on College Drinking)

<http://www.collegedrinkingprevention.gov/>

Alcohol's Damaging Effects on the Brain (NIAAA)

<http://pubs.niaaa.nih.gov/publications/aa63/aa63.htm>

Alcohol and Energy Drinks/Alcopops/Caffeinated Alcoholic Beverages

FDA Warning letter press release, with links to the letters to the four companies in question:

<http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm234109.htm>

FTC sends warning letters to the marketers of caffeinated alcohol drinks:

<http://www.ftc.gov/opa/2010/11/alcohol.shtm>

FDA website on caffeinated alcoholic beverages:

<http://www.fda.gov/Food/FoodIngredientsPackaging/ucm190366.htm>

CDC Caffeinated Alcoholic Beverage Fact Sheet:
<http://www.cdc.gov/alcohol/fact-sheets/cab.htm>

Alcohol and Tobacco Tax and Trade Bureau on Alcohol Beverages with Added Caffeine
http://www.ttb.gov/main_pages/caffeine-added.shtml

FDA Background Information on Caffeinated Alcoholic Beverages
<http://www.fda.gov/Food/FoodIngredientsPackaging/ucm233591.htm>

Alcohol, Energy Drinks, and Youth: A Dangerous Mix (The Marin Institute)
http://www.marininstitute.org/alcopops/energy_drink_report.htm

Alcoholic Energy Drinks: A Risky Mix (TIME)
<http://www.time.com/time/health/article/0,8599,1810802,00.html>

Alabama Bans Drinks that Combine Alcohol and Caffeine (2/24/11)
<http://www.businessweek.com/ap/financialnews/D9LJ5VUO0.htm>

Texas Focus on caffeinated alcoholic beverages:
<http://www.chron.com/disp/story.mpl/metropolitan/7316399.html>

Bath Salts/Ivory Wave

Ivory Wave (Wikipedia)
http://en.wikipedia.org/wiki/Ivory_Wave

Ivory Wave (Hawaii Counterdrug)
http://www.hawaiicounterdrug.org/Docs/Ivory_Wave.pdf

Methylenedioxypropylamphetamine (MDPV) (Wikipedia)
<http://en.wikipedia.org/wiki/Methylenedioxypropylamphetamine>

MDPV (DEA)
http://www.deadiversion.usdoj.gov/drugs_concern/mdpv.pdf

MDPV (U.S. Dept. of Justice)
http://www.justice.gov/dea/programs/forensicsci/microgram/journal2010/mj7-1_12-15.pdf

Mephedrone (Wikipedia)
<http://en.wikipedia.org/wiki/Mephedrone>

Mephedrone (DEA)
<http://www.webcitation.org/5w9CmuHQx>

Bath Salts Fact Sheets:
http://www.hawaiicounterdrug.org/Docs/Ivory_Wave.pdf
<http://www.drugfreemc.org/LinkClick.aspx?fileticket=sCUYwidJrOg%3D&tabid=36>
http://www.michigan.gov/documents/mdch/General_Public_Fact_Sheet_345530_7.pdf

Codeine Cough Syrup Abuse

Cold and Cough Medicines (Medline Plus)
<http://www.nlm.nih.gov/medlineplus/coldandcoughmedicines.html>

Cough and Cold Medicine Abuse (Nemours Foundation)

http://kidshealth.org/parent/h1n1_center/h1n1_center_treatment/cough_cold_medicine_abuse.html

Purple Drank (Wikipedia)

http://en.wikipedia.org/wiki/Purple_drink

DEA Warning

http://www.usatoday.com/news/nation/2006-10-18-lean_x.htm

Cough 'sizzurp' is Dangerous Drug of Choice for Stars, Kids

<http://www.thegrio.com/health/codeine-syrup-is-dangerous-drug-of-choice-for-stars-youth.php>

Drug Paraphernalia

Drug Paraphernalia Fast Facts (NDIC/DOJ)

<http://www.justice.gov/ndic/pubs6/6445/index.htm>

Drug Paraphernalia Factsheet (DEA)

<http://www.justice.gov/dea/concern/paraphernaliafact.html>

Drugs and Drug Paraphernalia: Information and Photos

<http://hvcn.org/info/teensusingdrugs/DrugInfoHandout.pdf>

Drug Paraphernalia (Parents: The Anti-Drug)

http://www.theantidrug.com/ei/what_are.asp

Get Smart About Drugs: Paraphernalia (DEA)

<http://www.getsmartaboutdrugs.com/identify/paraphernalia.html>

DXM

Dextromethorphan (PubMed)

<http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0000695/>

Dextromethorphan (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/druginfo/meds/a682492.html>

Intelligence Bulletin: DXM (Dextromethorphan) (NDIC/DOJ)

<http://www.justice.gov/ndic/pubs11/11563/index.htm>

Dextromethorphan (DEA)

http://www.deadiversion.usdoj.gov/drugs_concern/dextro_m/dextro_m.htm

Ecstasy

Club Drugs (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/clubdrugs.html>

Ecstasy (NIDA)

<http://www.nida.nih.gov/ResearchReports/MDMA/>

<http://www.nida.nih.gov/infofacts/ecstasy.html>

http://teens.drugabuse.gov/facts/facts_xtc1.php

Ecstasy (PDFA)

<http://www.drugfree.org/drug-guide/ecstasy>

Ecstasy Fact Sheet (Phoenix House)
<http://www.acde.org/common/E.pdf>

Club Drugs (ONDCP)
<http://www.whitehousedrugpolicy.gov/drugfact/club/index.html>

Electronic Cigarettes

Electronic Cigarettes (FDA)
<http://www.fda.gov/newsevents/publichealthfocus/ucm172906.htm>

FDA Acts to Protect Public Health by Extending Authority over Tobacco Products, Including E-Cigarettes (Campaign for Tobacco-Free Kids, 4-25-2011)
http://www.tobaccofreekids.org/press_releases/post/fda_acts_to_protect_p

E-Cigarettes Fact Sheet
<http://www.ndhealth.gov/tobacco/Facts/e-cigs.pdf>

Electronic Cigarette (Wikipedia)
http://en.wikipedia.org/wiki/Electronic_cigarette

Heroin

Myth That Heroin Is Less Dangerous When Snorted Than When Injected

Heroin (Medline Plus)
<http://www.nlm.nih.gov/medlineplus/heroin.html>

Heroin (NIDA)
<http://www.nida.nih.gov/infofacts/heroin.html>
<http://www.nida.nih.gov/ResearchReports/Heroin/Heroin.html>

Heroin (DEA)
<http://www.justice.gov/dea/concern/heroin.html>

Heroin (ONDCP)
<http://www.whitehousedrugpolicy.gov/drugfact/heroin/index.html>

Heroin Fast Facts (NDIC/DOJ)
<http://www.justice.gov/ndic/pubs3/3843/index.htm>

The New Faces of Heroin Addiction: Teen Use on the Rise
<http://www.adolescent-substance-abuse.com/substance-abuse/the-new-faces-of-heroin-addiction-teen-use-on-the-rise.htm>

Myths and Facts About Heroin and Heroin Addiction
<http://www.michaelshouse.com/heroin-addiction/facts-about-heroin.html>

Hookahs

Hookahs (CDC)
http://www.cdc.gov/tobacco/data_statistics/fact_sheets/tobacco_industry/hookahs/

Hookah (Wikipedia)
<http://en.wikipedia.org/wiki/Hookah>

Hookah Use Common Among College Students, Survey Finds: Many Wrongly Think Water Pipe Use Is Safer Than Cigarettes (Medline Plus)
http://www.nlm.nih.gov/medlineplus/news/fullstory_110793.html

Reducing Hookah Use: A Public Health Challenge for the 21st Century (Bacchus Network)
<http://www.tobaccofreeu.org/pdf/HookahWhitePaper.pdf>

K2/Spice

Spotlight on K2 (DrugFreeTexas.org)
<http://drugfreetexas.org/spotlight-on-k2-synthetic-marijuana/>

Synthetic Cannabis (Wikipedia)
http://en.wikipedia.org/wiki/Synthetic_cannabis

Chemicals Used in "Spice" and "K2" Type Products Now Under Federal Control and Regulation (DEA)
<http://www.justice.gov/dea/pubs/pressrel/pr030111.html>

K2/Spice Fact Sheets:

http://www.justice.gov/dea/pubs/abuse/drug_data_sheets/k2_DrugDataSheet.pdf
<http://www.stopsubstanceabuse.com/K2-Spice-Fact-Sheet-8.12.10.doc>
<http://www.drugfreeinfo.org/PDFs/Synthetic%20Marijuana%20Fact%20Sheet.pdf>
<http://www.vistahill.org/Bridges/SpicePoster2010.pdf>
http://www.michigan.gov/documents/mdch/Fact_Sheet- K2_Spice_340835_7.pdf
http://www.drugfreeaz.org/sites/default/files/Spice%20alert_0.pdf
http://myinc.tv/scorevideo/100816_Synthetic-Marijuana-Fact-Sheet.pdf
http://cmsweb1.lcps.org/50990510143818/lib/50990510143818/Articles/k2_FACT_SHEET_3_1.pdf

Texas Outlaws Marijuana-Like Substances (DSSH News Release)
<http://www.dshs.state.tx.us/news/releases/20110420.shtm>

Marijuana **Marijuana Legalization** **Marijuana/Tobacco Health Difference**

Marijuana (Medline Plus)
<http://www.nlm.nih.gov/medlineplus/marijuana.html>

Marijuana fact sheets:
http://www.nida.nih.gov/jsp4/MOD4/Mod4-marijuana_fact_sheet.pdf
<http://www.whitehousedrugpolicy.gov/drugfact/pdf/medicalmarijuanafactsheet.pdf>
<http://www.coastal.edu/ocss/programs/Marijuanafacts.pdf>
http://www.ok.gov/obnnd/Drug_Facts/Marijuana_Fact_Sheet.html
<http://www.co.lancaster.pa.us/lanco/lib/lanco/Marijuana.pdf>
<http://www.acde.org/common/Marijuana2.pdf>
<http://www.isd623.org/chemicalhealth/documents/MarijuanaFactSheet.pdf>
<http://www.nhtsa.gov/People/injury/research/job185drugs/cannabis.htm>

Marijuana (DEA)
<http://www.justice.gov/dea/concern/marijuana.html>

Marijuana (ONDCP)

Marijuana (NIDA)

<http://www.nida.nih.gov/drugpages/marijuana.html>
<http://www.nida.nih.gov/ResearchReports/Marijuana/default.html>

Marijuana Legalization (ONDCP)

http://www.whitehousedrugpolicy.gov/publications/pdf/mj_legal.pdf (fact sheet)
http://www.whitehousedrugpolicy.gov/news/press09/marijuana_legalization.pdf

Speaking Out Against Drug Legalization (DEA)

<http://www.justice.gov/dea/demand/speakout/index.html>

Legality of Cannabis (Wikipedia)

http://en.wikipedia.org/wiki/Legality_of_cannabis

Respiratory Effects of Marijuana and Tobacco Use in a U.S. Sample (Jnl. of General Internal Medicine)

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1490047/>

Marijuana Myths & Facts: The Truth Behind 10 Popular Misperceptions (ONDCP)

[Including: Myth #3 – Marijuana is not as harmful to your health as tobacco]
[Also includes: Myth #5 – Marijuana is used to treat cancer and other diseases]
http://www.ncjrs.gov/ondcppubs/publications/pdf/marijuana_myths_facts.pdf

Myths of Marijuana Use

http://www.sedqa.gov.mt/pdf/information/drugs_marijuanathefacts.pdf

Myth: Marijuana Is Harmless (About.com: Alcoholism)

http://alcoholism.about.com/od/pot/a/bldea050426_4.htm

Marijuana and Suicide Link

<http://www.cdc.gov/mmwr/pdf/wk/mm5546.pdf> (CDC)
http://archives.drugabuse.gov/NIDA_notes/NNvol20N2/Twin.html (NIDA)

Does Marijuana Cause Cancer? (Psychology Today)

<http://www.psychologytoday.com/blog/the-teenage-mind/201102/does-marijuana-cause-cancer>

Marijuana Damages DNA and May Cause Cancer (Science Daily)

<http://www.sciencedaily.com/releases/2009/06/090615095940.htm>

Methamphetamine

Methamphetamine (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/methamphetamine.html>

Methamphetamine (NIDA)

<http://www.nida.nih.gov/drugpages/methamphetamine.html>

Methamphetamine (DEA)

<http://www.justice.gov/dea/concern/meth.html>
<http://www.justice.gov/dea/concern/meth.pdf> (fact sheet)

Methamphetamine (PDFA)

<http://www.drugfree.org/drug-guide/methamphetamine>

Methamphetamine (ONDCP)

<http://www.whitehousedrugpolicy.gov/drugfact/methamphetamine/index.html>

Parenting

Parenting: CPS – what parent’s SA is doing to children/family

Parenting: Parent/Grandparent Involvement

Parenting (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/parenting.html>

The Role of Child Protective Services When Substance Use Disorders Are Identified (U.S. HHS)

<http://www.childwelfare.gov/pubs/usermanuals/substanceuse/chaptersix.cfm>

Parental Drug Use As Child Abuse (U.S. HHS)

http://www.childwelfare.gov/systemwide/laws_policies/statutes/drugexposed.cfm

Family Matters: Substance Abuse and the American Family (Casa)

http://www.iowadec.net/uploads/380-family_matters_report.pdf

Effects of Parental Substance Abuse on Children and Families (Phoenix House)

http://www.iowadec.net/uploads/380-family_matters_report.pdf

Parental Substance Abuse (U.S. HHS)

<http://www.childwelfare.gov/can/factors/parentcaregiver/substance.cfm>

Drug Abuse and Its Impact on Children and Young People (UNICEF – Fact Sheet)

http://www.unicef.org/malaysia/Fact_Sheet_-_Family_Abuse_of_Drugs_-_Impact_on_Children_-_NEW.pdf

Three Things Grandparents Can Do To Protect Kids Growing Up in Homes with Substance Abusing Parents

<http://www.troubleblog.com/parenting/3-things-grandparents-can-do-protect-kids-growing-homes-substance-abusing-parents-0108544>

Grandparent Carers Raising Grandchildren Due To Parental Substance Misuse

http://www.adfam.org.uk/docs/grandparentcarers_article.pdf

Substance Abuse Tips for Parents/Grandparents

<http://www.msapc.org/parents/substance-abuse-tips-for-parents>

Grandparents Raising Grandchildren: What to Do the Second Time Around

<http://msuextension.org/publications/HomeHealthandFamily/MT200706HR.pdf>

Tips for Parents to Prevent or Reduce Youth Alcohol, Tobacco or Drug Use (Hazelden)

<http://www.hazelden.org/web/public/resforparents.page>

Prescription Drug Abuse

Prescription Drug Abuse (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/prescriptiondrugabuse.html>

Prescription Drug Abuse (NIDA)

<http://www.nida.nih.gov/drugpages/prescription.html>

<http://www.nida.nih.gov/tib/prescription.html>

<http://www.nida.nih.gov/researchreports/prescription/prescription5.html>

http://teens.drugabuse.gov/facts/facts_rx1.php

Prescription Drug Abuse Chart (NIDA)

<http://www.nida.nih.gov/drugpages/prescripdrugschart.html>

Prescription Drug Abuse (ONDCP)

<http://www.theantidrug.com/drug-information/otc-prescription-drug-abuse/prescription-drug-rx-abuse/default.aspx>

http://www.whitehousedrugpolicy.gov/drugfact/prescr_drg_abuse.html

Epidemic: Responding to America's Prescription Drug Abuse Crisis (ONDCP)

http://www.whitehousedrugpolicy.gov/publications/pdf/rx_abuse_plan.pdf

Prescription Drug Abuse (Mayo Clinic)

<http://www.mayoclinic.com/health/prescription-drug-abuse/DS01079>

Prescription Drug Abuse (DEA)

http://www.justice.gov/dea/concern/prescription_drug_fact_sheet.html

Soma Fast Facts (NDIC/DOJ)

<http://www.justice.gov/ndic/pubs10/10913/10913p.pdf>

Hydrocodone (DEA)

<http://www.justice.gov/dea/concern/hydrocodone.html>

Oxycodone (CESAR)

<http://www.cesar.umd.edu/cesar/drugs/oxycodone.asp>

Drug Alert: OxyContin (DEA)

http://www.justice.gov/dea/concern/generic_oxycodone_factsheet.html

Prescription Drug Abuse Prevention: Where Do We Go From Here? (CADCA)

<http://www.regionsix.com/ResourceLibrary/Prescription%20Drugs/Prescription%20Drugs-Prescription%20Abuse%202.pdf>

Community Coalitions: Preventing Prescription Drug Misuse

http://www.prescriptiondrugmisuse.org/index.php?page=community_coalitions

ADHD Medicine Abuse: What Parents Need To Know

http://practice.aap.org/public/parent_tool_final.pdf

ADHD and Substance Abuse (Medscape)

<http://www.medscape.com/viewarticle/456199>

ADHD Medications (NIDA)

<http://drugabuse.gov/pdf/infofacts/ADHD09.pdf>

The Pharm-Party Myth Refuses to Die (Slate)

<http://www.slate.com/id/2242212/>

Are "Pharm Parties" Real or a Media Invention? (Slate)

<http://www.slate.com/id/2143982/>

Pharming Party (Wikipedia)

http://en.wikipedia.org/wiki/Pharming_party

Salvia

Salvia (NIDA)

<http://www.nida.nih.gov/Infofacts/salvia.html>

Salvia (DEA)

http://www.justice.gov/dea/concern/salvia_divinorum.html

Salvia (PDF)

<http://www.drugfree.org/drug-guide/salvia-divinorum>

Salvia Divinorum: Drug Alert Watch (DOJ)

<http://www.justice.gov/ndic/pubs40/40405/sw-saDiv031710p.pdf>

Santa Muerte

The Narco Cult of Santa Muerte

http://www.thejournalofcounterterrorism.com/files/IACSP_MAGAZINE_V16N4_NARCO.pdf

Drug Trafficking “Saints”

<http://www.tri-dent.us/Tri-DENT%20Saints.html>

Mexico Arrests Leader of “Santa Muerte” Cult

<http://www.borderlandbeat.com/2011/01/mexico-arrests-leader-of-santa-muerte.html>

Second-Hand Smoke

Third-Hand Smoke

Secondhand Smoke (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/secondhandsmoke.html>

EPA’s Smoke-Free Homes Program Publications (Second-hand Smoke)

<http://www.epa.gov/smokefree/publications.html>

Secondhand Smoke (American Cancer Society)

<http://www.cancer.org/cancer/cancercauses/tobaccocancer/secondhand-smoke>

Third-hand Smoke (Mayo Clinic)

<http://www.mayoclinic.com/health/third-hand-smoke/AN01985>

Third-hand Smoke (Scientific American)

<http://www.scientificamerican.com/article.cfm?id=what-is-third-hand-smoke>

Third-hand Smoke (NAATPN)

<http://www.naatpn.org/resources/2011/Third-hand%20Smoke.pdf>

Signs and Symptoms

Signs and Symptoms

<http://www.acde.org/parent/signs.htm>

http://helpguide.org/mental/drug_substance_abuse_addiction_signs_effects_treatment.htm

http://helpguide.org/mental/alcohol_abuse_alcoholism_signs_effects_treatment.htm

<http://www.addictions.org/signs.htm>

<http://recovergateway.org/symptoms/Adolescent-%20Signs-Symptoms-Drug-Alcohol-Abuse.pdf>

http://www.ncadd-sfv.org/symptoms/teen_symptoms.html

http://www.ehow.com/how_2149724_recognize-signs-symptoms-substance-abuse.html

Smokeless Tobacco

Smokeless Tobacco (Medline Plus)
<http://www.nlm.nih.gov/medlineplus/smokelesstobacco.html>

Smokeless Tobacco (CDC)
http://www.cdc.gov/tobacco/data_statistics/fact_sheets/smokeless/smokeless_facts/index.htm

Smokeless Tobacco (American Cancer Society)
<http://www.cancer.org/Cancer/CancerCauses/TobaccoCancer/SmokelessTobaccoandHowtoQuit/smokeless-tobacco-and-how-to-quit-toc>

Smokeless Tobacco (National Cancer Institute)
<http://www.cancer.gov/cancertopics/tobacco/smokeless-tobacco>

Smokeless Tobacco Fact Sheets (National Cancer Institute)
http://cancercontrol.cancer.gov/tcrb/stfact_sheet_combined10-23-02.pdf

Chewing Tobacco (Mayo Clinic)
<http://www.mayoclinic.com/health/chewing-tobacco/CA00019>

Smoking Cessation

Yes You Can (American Cancer Society)
<http://www.yesquit.com/>

DSHS Tobacco Prevention And Control Quitting Resources
<http://www.dshs.state.tx.us/tobacco/quityes.shtm>
<http://www.dshs.state.tx.us/tobacco/quitmay.shtm>
<http://www.dshs.state.tx.us/tobacco/quitno.shtm>
<http://www.dshs.state.tx.us/tobacco/baby.shtm>
<http://www.dshs.state.tx.us/tobacco/quityoung.shtm>

CDC Smoking and Tobacco Use
http://apps.nccd.cdc.gov/osh_pub_catalog/PublicationList.aspx

Quitting Smoking (Medline Plus)
<http://www.nlm.nih.gov/medlineplus/quittingsmoking.html>

Quit Smoking (Smokefree.gov)
<http://www.smokefree.gov/>

Snus/Orbs

The Use of Snus as a Harm Reduction Product: A position statement demonstrating the harmful impact of SNUS on low SES populations (The National Network on Tobacco Prevention and Poverty)
<http://www.tobaccopreventionnetworks.org/atf/cf/%7B8E933A1E-91B6-4509-932B-3CE06BF55CA6%7D/NNTPP%20POLICY%20STATEMENT%20ON%20SNUS%20FINAL.DOC>

You Snus, You Lose (Texans Standing Tall)
<http://www.texansstandingtall.org/PDFs/10SNUS.pdf>

Snus: Stealth Health Risk (WebMD)
<http://www.webmd.com/smoking-cessation/features/snus-tobacco-health-risks>

Beware of Tricky Snus Advertising (PRC 2, Abilene)
<http://prc2abilene.blogspot.com/2010/07/beware-of-tricky-snus-advertising.html>

Black Hairy Tongue (Environmedia/DSHS Tobacco Prevention and Control)
<http://www.enviromedia.com/enviroblog/?tag=snus>

Top Facts: Spit / Smokeless Tobacco (Bacchus Network – fact sheet including section on snus)
http://www.tobaccofreeu.org/facts_figures/documents/spit_fact_sheet.pdf

Smokeless Tobacco and Cancer (National Cancer Institute)
<http://www.cancer.gov/cancertopics/factsheet/Tobacco/smokeless>

Smokeless Tobacco Fact Sheets (National Cancer Institute)
http://cancercontrol.cancer.gov/tcrb/stfact_sheet_combined10-23-02.pdf

Snus: Another Deadly Product (American Lung Association – Fact Sheet)
<http://investinginyouth.org/wp-content/uploads/snus-fact-sheet-6-16-08.pdf>

Snus (Wikipedia)
<http://en.wikipedia.org/wiki/Snus>

What is the New Tobacco Product Snus? (WikiAnswers)
http://wiki.answers.com/Q/What_is_the_new_tobacco_product_snus

Smokeless Tobacco and the U.S. Launch of Snus (Better Health)
<http://getbetterhealth.com/smokeless-tobacco-and-the-us-launch-of-snus/2010.04.06>

Dissolvable Tobacco (orbs, strips, sticks) (Wikipedia)
http://en.wikipedia.org/wiki/Dissolvable_tobacco

Unintentional Child Poisonings Through Ingestion of Conventional and Novel Tobacco Products (Pediatrics)
<http://pediatrics.aappublications.org/cgi/content/abstract/peds.2009-2835v1>

Dissolvable Tobacco Products: A New Threat (Indiana Tobacco Prevention and Cessation)
<http://www.purdue.edu/swo/healthshop/atod/tobacco/DissolvableTobaccoProducts.pdf>

The Danger from Dissolvable Tobacco Products and Other Smokeless Tobacco Products (Campaign for Tobacco-Free Kids – Fact Sheet)
<http://www.tobaccofreekids.org/research/factsheets/pdf/0363.pdf>

Stigma

Stigma and Discrimination: A Resource Directory (Faces and Voices of Recovery)
http://www.facesandvoicesofrecovery.org/pdf/stigma_discrimination_inventory.pdf

Fighting Stigma and Discrimination (Faces and Voices of Recovery)
http://www.facesandvoicesofrecovery.org/about/trainings_events/stigma_discrimination.php

Stigma of Drug Abuse (NIDA)
<http://archives.drugabuse.gov/about/welcome/aboutdrugabuse/stigma/>

The Stigma of Substance Abuse: A Review of the Literature
http://www.camh.net/education/Resources_communities_organizations/stigma_subabuse_litreview99.pdf

Substance Abuse Treatment for Drug Court/DWI/Family Court

Alcohol and Drug Treatment: How It Works and How It Can Help You With the Criminal Justice System

http://kap.samhsa.gov/products/brochures/pdfs/CJA_ConsumerBrochure.pdf

What Is Substance Abuse Treatment?

<http://store.samhsa.gov/product/SMA08-4126>

<http://store.samhsa.gov/product/SMA08-4098> (Spanish)

There are several examples of brochures online from specific county drug courts across the country. Google search: "substance abuse treatment" "drug court" brochure. For DWI and family court substitute DWI, DUI, or "family court" for "drug court."

Underage Drinking

StopAlcoholAbuse.Gov (Interagency Coordinating Committee on the Prevention of Underage Drinking [ICCPUD])

<http://www.stopalcoholabuse.gov/>

Underage Drinking (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/underagedrinking.html>

Underage Drinking: Talk Early, Talk Often (SAMHSA)

<http://www.underagedrinking.samhsa.gov/>

Underage Drinking (NIAAA)

<http://pubs.niaaa.nih.gov/publications/aa67/aa67.htm>

Underage Drinking Fact Sheet (CDC)

<http://www.cdc.gov/alcohol/fact-sheets/underage-drinking.htm>

Underage Drinking Laws (Texas Alcoholic Beverage Commission)

http://www.tabc.state.tx.us/laws/underage_drinking_laws.asp

MENTAL HEALTH RESOURCES

Anger

Anger Management for Substance Abuse and Mental Health Clients (SAMHSA)

Therapy Manual and Client Workbook, in English and Spanish

<http://store.samhsa.gov/product/SMA08-4213> Manual, English

<http://store.samhsa.gov/product/SMA08-4210> Workbook, English

<http://store.samhsa.gov/product/BKD444S> Manual, Spanish

<http://store.samhsa.gov/product/SMA08-4189> Workbook, Spanish

Anger (American Psychological Association)

<http://www.apa.org/topics/anger/index.aspx>

<http://www.apa.org/topics/anger/control.aspx>

Anger Management (Mayo Clinic)

<http://www.mayoclinic.com/health/anger-management/MY00689/METHOD=print>

<http://www.mayoclinic.com/health/anger-management/MH00075>

How Can I Deal with My Anger? (Nemours)

http://kidshealth.org/teen/your_mind/emotions/deal_with_anger.html

Bipolar Disorder

Bipolar Disorder (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/bipolardisorder.html>

Bullying

Stop Bullying Now.gov

<http://www.stopbullying.gov/>

<http://www.stopbullying.gov/kids/index.html> (kids)

Bullying (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/bullying.html>

Bullying (National Crime Prevention Council)

<http://www.ncpc.org/topics/bullying>

Bullying (National PTA)

<http://www.pta.org/bullying.asp>

Dealing with Bullying (Nemours)

http://kidshealth.org/teen/your_mind/problems/bullies.html

Bullying (American Psychological Association)

<http://www.apa.org/topics/bullying/index.aspx>

Stop Bullying: Speak Up

<http://stopbullyingspeakup.com>

Love Is Louder

<http://www.loveislouder.com/>

Trevor Project

<http://www.thetrevorproject.org/>

It Gets Better Project

<http://www.itgetsbetter.org/>

Bullying Prevention Resources Guide

<http://www.bullyingprevention.org/>

Child Mental Health

Child Mental Health (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/childmentalhealth.html>

Child and Adolescent Mental Health (NIMH)

<http://www.nimh.nih.gov/health/topics/child-and-adolescent-mental-health/index.shtml>

National Children's Mental Health Awareness Day

<http://www.samhsa.gov/children/>

Cyberbullying

Cyberbullying (National Crime Prevention Council)

<http://www.ncpc.org/topics/cyberbullying>

Stop Cyberbullying

<http://www.stopcyberbullying.org/index2.html>

Cyberbullying Research Center

<http://www.cyberbullying.us/>

Cyberbullying (Stopbullying.gov)

<http://www.stopbullying.gov/topics/cyberbullying/>

Dating Violence

Dating Violence (Women's Health Information Center, U.S. HHS Office on Women's Health)

<http://www.womenshealth.gov/violence/types/dating.cfm>

Teen Violence (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/teenviolence.html>

Domestic Violence (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/domesticviolence.html>

Dating Violence (National Center for Victims of Crime)

<http://www.ncvc.org/ncvc/main.aspx?dbName=DocumentViewer&DocumentID=37939>

Teen Dating Violence (CDC)

http://www.cdc.gov/ViolencePrevention/intimatepartnerviolence/teen_dating_violence.html

Love Is Not Abuse

<http://loveisnotabuse.com/web/guest;jsessionid=0B080694F47F658E58D351CE3C6BC8CF>

Delirium

Delirium (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/delirium.html>

Depression

Depression (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/depression.html>

General Mental Health

Mental Health (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/mentalhealth.html>

National Institute of Mental Health

<http://www.nimh.nih.gov/index.shtml>

Mental Health America

<http://www.nmha.org/>

National Alliance on Mental Illness

http://www.nami.org/template.cfm?section=about_mental_illness

National Mental Health Services Locator

http://www.nami.org/template.cfm?section=about_mental_illness

Obsessive-Compulsive Disorder

Obsessive-Compulsive Disorder (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/obsessivecompulsivedisorder.html>

Personality Disorders

Personality Disorders (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/personalitydisorders.html>

Psychotic Disorders

Psychotic Disorders (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/psychoticdisorders.html>

PTSD

PTSD: Military

PTSD (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/posttraumaticstressdisorder.html>

PTSD (Medline Plus) – Spanish

<http://www.nlm.nih.gov/medlineplus/spanish/posttraumaticstressdisorder.html>

PTSD (PubMed)

<http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0001923/>

PTSD (NIMH)

<http://www.nimh.nih.gov/health/topics/post-traumatic-stress-disorder-ptsd/index.shtml>

PTSD (Mayo Clinic)

<http://www.mayoclinic.com/health/post-traumatic-stress-disorder/DS00246>

National Center for PTSD (U.S. Dept. of Veterans Affairs)

<http://www.ptsd.va.gov/index.asp>

Military Veterans PTSD Reference Manual

<http://www.ptsdmanual.com/>

PTSD Overview (military.com)

<http://www.military.com/benefits/resources/ptsd-overview>

Self-Injury/Cutting

Self-Injury/Cutting (Mayo Foundation for Medical Education and Research)

<http://www.mayoclinic.com/print/self-injury/DS00775/DSECTION=all&METHOD=print>

Cutting (Nemours Foundation)

http://kidshealth.org/teen/your_mind/mental_health/cutting.html

How Can I Stop Cutting? (Nemours Foundation)

http://kidshealth.org/teen/your_mind/problems/resisting_cutting.html

Sexting/Internet Safety

Sexting Prevention

<http://www.jwrc.org/KeepKidsSafe/OnlineSafety/SextingPrevention/tabid/200/Default.aspx>

<http://www.doj.state.wi.us/news/files/SextingPrevention.pdf>

http://ncmec.vo.llnwd.net/o15/downloads/special/Sexting_Prevention.pdf

<http://www.connectsafely.com/Safety-Tips/tips-to-prevent-sexting.html>

<http://www.mountainviewprevention.org/sextingfactsandprevention.pdf>

Sexting: How Parents Can Keep Their Kids Safe (National Crime Prevention Council) - PDF

<http://www.ncpc.org/resources/files/pdf/internet-safety/NCPC-FactSheet2.pdf>

Sexting: How Teens Can Stay Safe (National Crime Prevention Council) - PDF

<http://www.ncpc.org/resources/files/pdf/internet-safety/NCPC-FactSheet1.pdf>

Internet Safety (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/internetsafety.html>

Internet Safety: Fact Sheet for Parents (American College of Obstetricians and Gynecologists) - PDF

http://www.acog.org/departments/adolescentHealthCare/TeenCareToolKit/internetSfty_4_parents.pdf

Parent's Guide to Internet Safety (Federal Bureau of Investigation)

<http://www.fbi.gov/publications/pguide/pguidee.htm>

Internet Safety (Nemours Foundation)

http://kidshealth.org/parent/positive/family/net_safety.html

Internet Safety: Safe Surfing Tips for Teens (Nemours Foundation)

http://kidshealth.org/teen/safety/safebasics/internet_safety.html

Safe Cyberspace Surfing (Nemours Foundation)

http://kidshealth.org/kid/watch/house/internet_safety.html

Stigma

Stigma: MH Stigma in the Military

Overcoming the Stigma of Mental Illness (Mayo Clinic)

<http://www.mayoclinic.com/health/mental-health/MH00076>

Fight Stigma (NAMI)

http://www.nami.org/template.cfm?section=fight_stigma

Stigma (Mental Health America)

<http://www.mentalhealthamerica.net/go/action/stigma-watch>

Mental Illness Stigma Entrenched in American Culture; New Strategies Needed, Study Finds

<http://www.sciencedaily.com/releases/2010/09/100915080437.htm>

Stigma in the Military (SAMHSA)

<http://www.stopstigma.samhsa.gov/teleconferences/archive/training/teleconference033006.aspx>

Returning from the War Zone: A Guide for Military Personnel (Includes Information on Stigma)
(U.S. Dept. of Veterans Affairs)

<http://www.ptsd.va.gov/public/reintegration/guide-pdf/SMGuide.pdf>

Pentagon Aims to Reduce Stigma for Troops Seeking Mental Health Care

http://www.military.com/NewContent/0,13190,SS_021405_Stigma,00.html

The Military's War on Stigma (APA)

<http://www.apa.org/monitor/2009/06/stigma-war.aspx>

The Stigma of Mental Health Problems in the Military

http://www.thesafenetwork.org/resources/pdf/stigma_of_mental_health_in_military.pdf

Stress

Stress (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/stress.html>

Manage Stress (National Health Information Finder)

<http://www.healthfinder.gov/prevention/PrintTopic.aspx?topicID=45>

Stress: Military

<http://www.mentalhealthamerica.net/reunions/infoOngoingOperations.cfm>

<http://www.apa.org/monitor/feb04/reduce.aspx>

Suicide

Suicide in the Military

National Suicide Prevention Lifeline

<http://www.suicidepreventionlifeline.org/>

<http://www.suicidepreventionlifeline.org/Materials/Default.aspx> (free materials for order)

American Foundation for Suicide Prevention

<http://www.afsp.org/>

Suicide (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/suicide.html>

Youth Suicide Prevention Curricula

<http://dpi.state.wi.us/sspw/suicideprevcurriculum.html>

http://www.save.org/index.cfm?fuseaction=home.viewPage&page_id=45DFBB66-7E90-9BD4-CEB81505D25E7ED1

<http://www.k12.wa.us/Communications/pressreleases2009/SuicidePrevention.aspx>

<http://www.ihs.gov/nonmedicalprograms/nspn/>

<http://wonder.cdc.gov/wonder/prevguid/p0000024/p0000024.asp>

Recommended Suicide Prevention Videos (American Assn. of Suicidology)

<http://www.suicidology.org/web/guest/stats-and-tools/videos>

Suicide Signs and Facts (Trevor Project)

<http://www.thetrevorproject.org/suicide-resources/suicidal-signs>

It Gets Better Project

<http://www.itgetsbetter.org/>

Suicide and the Military

http://www.pdhealth.mil/guidelines/downloads/Suicide_Screening.pdf

<http://psychcentral.com/lib/2011/suicide-and-the-military/>

<http://www.suicide.org/suicide-prevention-in-the-military.html>

<http://www.reuters.com/article/2010/09/23/us-suicide-military-usa-idUSTRE68M5G720100923>

<http://www2.tbo.com/content/2010/oct/10/na-military-suicide-rates-surge/>

<http://www.af.mil/news/story.asp?id=123185434>

Teen Mental Health

Teen Mental Health (Medline Plus)

<http://www.nlm.nih.gov/medlineplus/teenmentalhealth.html>

Child and Adolescent Mental Health (NIMH)

<http://www.nimh.nih.gov/health/topics/child-and-adolescent-mental-health/index.shtml>

National Children's Mental Health Awareness Day

<http://www.samhsa.gov/children/>

RESOURCES IN OTHER LANGUAGES

ATOD and MH Resources in Spanish

Medline Plus in Spanish – Searchable Database of thousands of health-related topics. Fact Sheets, printable booklets, articles, websites, and other resources on many of the subjects of interest to the PRCs, all in Spanish.

<http://medlineplus.gov/spanish/>

ATOD and MH Resources in Other Languages

Medline Plus Health Information in Multiple Languages

<http://www.nlm.nih.gov/medlineplus/languages/languages.html>

- [Amharic](#) (amarunya)
- [Arabic](#) (أبجدية عربية)
- [Armenian](#) (Հայերեն)
- [ASL](#) (American Sign Language)
- [Bengali](#) (Bangla)
- [Bosnian](#) (Bosanski)
- [Burmese](#) (myanmasa)
- [Chamorro](#) (chamoru)
- [Chinese - Simplified](#) (简体中文)
- [Chinese - Traditional](#) (繁體中文)
- [Chuukese](#) (Trukese)
- [Croatian](#) (Hrvatski)
- [Farsi](#) (فارس)
- [French](#) (français)
- [German](#) (Deutsch)
- [Gujarathi](#)
- [Haitian Creole](#) (Kreyol)
- [Hindi](#)
- [Hmong](#) (Hmoob)
- [Ilocano](#) (Ilokano)
- [Italian](#) (italiano)
- [Japanese](#) (日本語)
- [Khmer](#) (Khmer)
- [Kirundi](#) (Rundi)

- [Korean](#) (한국어)
- [Kurdish](#) (کوردک)
- [Laotian](#) (Lao)
- [Marshallese](#) (kajin Majöl)
- [Navajo](#) (Diné Bizaad)
- [Oromo](#) (Afaan Oromo)
- [Panjabi](#)
- [Polish](#) (polski)
- [Portuguese](#) (português)
- [Romanian](#) (Română)
- [Russian](#) (Русский)
- [Samoan](#) (Gagana Samoa)
- [Somali](#) (af Soomaali)
- [Spanish](#) (español)
- [Swahili](#) (Kiswahili)
- [Tagalog](#) (Tagalog)
- [Thai](#) (ภาษาไทย)
- [Tigrinya](#) (tigrinya)
- [Tongan](#) (chiTonga)
- [Turkish](#) (Türkçe)
- [Ukrainian](#) (Українська)
- [Urdu](#) (وڊرا)
- [Vietnamese](#) (Tiếng Việt)

GENERAL RESOURCES

DSHS Forms and Literature Inquiry and Order Entry System
 DSHS-provided publications on various health-related topics such as HIV/STDs, dating violence,
 and family planning

<http://webds.dshs.state.tx.us/mamd/litcat/default.asp>

SAMHSA Publications

Formerly the National Clearinghouse for Alcohol and Drug Information (NCADI)

Formerly the National Mental Health Information Center (NMHIC)

<http://store.samhsa.gov/home>

National Institute on Drug Abuse (NIDA)

<http://drugpubs.drugabuse.gov/>

National Institute on Alcohol Abuse and Alcoholism (NIAAA)

<http://www.niaaa.nih.gov/Publications/PamphletsBrochuresPosters/English/>

Office of National Drug Control Policy (ONDCP)

<http://www.whitehousedrugpolicy.gov/publications/>

Mental Health America of Texas – Publications

<http://newsite.mhatexas.org/page/children>

Mental Health America – Fact Sheets on various Mental Health Topics

<http://www.nmha.org/>

National Institutes of Mental Health Publications Ordering Form – 50 copies of each title, will
 make quantity exceptions for some special events

<http://infocenter.nimh.nih.gov/faxorder.cfm>

Child Welfare Information Gateway – topics related to child welfare, child abuse and neglect, adoption, and more

<http://www.childwelfare.gov/catalog/>

Health Resources and Services Administration – publications from all divisions of the Federal Health Resources and Services Administration. Includes information on topics such as bullying, HIV/AIDS, Mental Health, Public Health, and Rural Health

<http://www.ask.hrsa.gov/>

National Clearinghouse on Families and Youth

<http://www.ncfy.com/publications/index.htm>

EPA's Smoke-Free Homes Program Publications (Second-hand Smoke)

<http://www.epa.gov/smokefree/publications.html>

CDC Smoking and Tobacco Use

http://apps.nccd.cdc.gov/osh_pub_catalog/PublicationList.aspx